

Mobility Programmes - Guide for Researchers and PhD Students

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1. Introduction

“Mobility Programmes – Guide for Researchers and PhD Students” is intended for Researchers of the Institute of Physical Chemistry, Polish Academy of Sciences. Its purpose is to compile and present key information on international mobility programmes available to researchers at different stages of their academic careers. The publication serves as a practical resource to support career development, planning of research activities, collaborations, and participation in mobility initiatives. The guide has been prepared as part of the activities carried out within the framework of the **“HR Excellence in Research”** initiative, which encourages researcher mobility as a means of fostering the development of their research careers.

Disclaimer:

The information provided in this guide is for general informational purposes only and may be subject to change. The offers of mobility programmes, eligibility criteria, application procedures, and funding conditions may differ from those presented in this document, particularly due to updates introduced by funding agencies and programme operators. Therefore, readers are strongly advised to verify all information on the official websites of the respective mobility programmes and with their organising institutions.

2. Poland

2.1 Polish National Agency for Academic Exchange

Bekker Programme – Individual applicant	
For Whom	• PhD students, researchers, and academic staff from Polish research institutions • Applicants must be employed or have PhD student status at a Polish research institution at the time of application
Purpose & conditions	• International research stays (outside of Poland) to enhance scientific skills, conduct research, complete part of their education (PhD students), and establish international collaborations • 3 – 24 months • Stay must be conducted on-site at the host institution (not remote) • Time spent outside the host institution cannot exceed 10% of the total stay duration
Support provided	• Scholarship • Funding for living expenses and an accommodation allowance during the stay at the host institution – lump sum, depending on the destination country • Travel allowance – lump sum depending on the destination country • Funding may be increased for grantees with underage children or with disabilities • Domestic Component: for scholarships of at least 18 months, partial funding for salary is possible upon return to Poland, provided the institution commits to full-time employment for at least 12 months.
Details	https://nawa.gov.pl/en/scientists/the-bekker-programme

Zawacka Programme - Individual applicant	
For Whom	• PhD students, other researchers, and academic staff from Polish research institutions – candidates' eligibility regarding career stage depends on the country to which the mobility is planned
Purpose & conditions	• Research internship • Research visit • Preparation of a doctoral dissertation or scientific paper • Duration of stay depends on the destination country • Stay must be conducted on-site at the host institution (not remote) • Time spent outside the host institution cannot exceed 10% of the total stay duration • Eligible countries: Bulgaria, China, Croatia, Czechia, Egypt, Greece, Japan, Kazakhstan, North Macedonia, Mexico, Moldova, Mongolia, Serbia, Slovakia, Slovenia, Switzerland, Taiwan, Tunisia, Hungary, Vietnam
Support provided	• Scholarship
Details	https://nawa.gov.pl/wspolpraca-i-wymiana-miedzynarodowa/zawacka-nawa/wyjazdy

Joint Research Projects - two dedicated research groups from Poland and a foreign country	
For Whom	• PhD students, other researchers, and academic staff from Polish research institutions • Eligibility depends on the country to which the mobility is planned
Purpose & conditions	• Mobility of scientists conducting research projects jointly by eligible applicants from Poland and partner countries • Eligible countries: Austria, Belgium, China, Czechia, France, India, Italy, Germany, Portugal, Slovakia
Support provided	• Travel expenses • Accommodation costs
Details	https://nawa.gov.pl/en/international-cooperation-and-exchange/joint-research-projects

CEEPUS Programme – Institutional applicant	
For Whom	• PhD students, other researchers
Purpose & conditions	• Short-term scholarships for research internships under Academic Networks • Short-term scholarships for participation in summer schools and intensive courses • Employees and PhD students of a dedicated institution, which received financing • Eligible countries: Albania, Austria, Bosnia and Herzegovina, Bulgaria, Croatia, Czechia, Hungary, North Macedonia, Moldova, Montenegro, Romania, Serbia, Slovakia, and Slovenia, University of Pristina
Support provided	• Mobility grants
Details	https://www.ceepus.info/

Ster Programme – Institutional applicant	
For Whom	• PhD students
Purpose & conditions	• PhD students' mobility, including participation in research internships • Members of a PhD school that received financing
Support provided	• Actual travel costs (transportation, accommodation, daily allowances) • Lump-sum amounts determined according to the duration of stay and the country of travel
Details	https://nawa.gov.pl/institucje/ster-umiedzynarodowienie-szkol-doktorskich

Prom Programme – Institutional applicant	
For Whom	• PhD students, other researchers
Purpose & conditions	• Short-term mobility • Employees and PhD students of an institution that received financing • 5 – 30 days
Support provided	• Actual travel costs (transport, accommodation, daily allowances) • Lump-sum amounts determined according to the duration of stay and the country of travel • Scholarship
Details	https://nawa.gov.pl/instytucje/program-prom

2.2 Polish Academy of Sciences

PAS's bilateral agreements with foreign partners– Institutional applicant	
For Whom	• Researchers
Purpose & conditions	• Short-term mobility • Employees of a dedicated institution that received financing
Support provided	• Actual travel costs (transport, accommodation, daily allowances) • Eligible countries: Austria, Belgium, Bulgaria, China, Croatia, Montenegro, Czechia, Egypt, Estonia, France, Georgia, India, Iran, Israel, Japan, Lithuania, Latvia, Macedonia, Moldova, Mongolia, Germany, Romania, Serbia, Slovenia, Slovakia, Sweden, Taiwan, Ukraine, Hungary, Vietnam, Great Britain, Italy
Details	https://pan.pl/en/as-part-of-pass-bilateral-agreements-with-foreign-partners/

3. Europe

3.1 European Commission

MSCA Postdoctoral Fellowships – Individual applicant	
For Whom	• Researchers
Purpose & conditions	• European Postdoctoral Fellowships - 1-2 years; researchers of any nationality, to an EU Member State or Horizon Europe Associated Country • Global Postdoctoral Fellowships - 2-3 years; 1 to 2 years will be spent in a non-associated Third Country, followed by a mandatory return phase of 1 year to an organisation based in an EU Member State or Horizon Europe Associated Country; only nationals or long-term residents of the EU Member States or Horizon Europe Associated Countries can apply • Both types of fellowships may also include short-term secondments anywhere in the world during the fellowship (except during the return phase of a Global Fellowship) • Researchers can receive additional support to carry out a placement of up to 6 months in a non-academic organisation based in an EU Member State or Horizon Europe Associated Country; placement needs to take place at the end of their fellowship
Support provided	• Living allowance • Mobility allowance • If applicable, family, long-term leave, and special needs allowances
Details	https://marie-sklodowska-curie-actions.ec.europa.eu/actions/postdoctoral-fellowships

ERASMUS+ – Institutional applicant	
For Whom	• PhD students, researchers
Purpose & conditions	• Student traineeships 2 – 12 months • Short-term staff mobility 2 days – 2 months
Support provided	• Living allowance • Travel support
Details	https://ichf.edu.pl/erasmus

3.2 EMBO

Postdoctoral Fellowship – Individual applicant	
For Whom	• Researchers
Purpose & conditions	• Fellowship 1 – 2 years • EMBO subject areas
Support provided	• EMBC Member states - remuneration • Other countries- scholarship • Travel and relocation allowance • Travel support
Details	https://www.embo.org/funding/fellowships-grants-and-career-support/postdoctoral-fellowships/

Scientific Exchange Grants – Individual applicant	
For Whom	• Researchers
Purpose & conditions	• Research exchanges between laboratories in eligible countries • 7 days – 3 months • Short-term fellowships • EMBO subject areas • EMBC Member States, EMBC/EMBO global partners (Chile, India, Singapore, Taiwan)
Support provided	• Travel cost • Scholarship
Details	https://www.embo.org/funding/fellowships-grants-and-career-support/scientific-exchange-grants/

4. Germany

4.1 DAAD

Research Grants in Germany – Individual applicant	
For Whom	• PhD students, other researchers
Purpose & conditions	• Research project at a state or state-recognised university or a non-university research institute in Germany, which is being carried out in agreement with a scientific supervisor in Germany • Research stays at universities or non-university research institutes in Germany for assistant professors and lecturers • PhD students: 1 – 12 months • Postdocs: 1 – 6 months • Researcher: 1 – 3 months
Support provided	• Scholarship • Health, accident, and personal liability insurance • Travel allowance • For a funding period of more than 6 months: research allowance • Under certain circumstances, additional benefits after the start of funding
Details	https://www2.daad.de/deutschland/stipendium/datenbank/en/21148-scholarship-database/?detail=57742121

ERA Green Hydrogen Fellowships for international PhD students – Individual applicant	
For Whom	• PhD students
Purpose & conditions	• Any topics related to Green Hydrogen (GH2) • Research project or continuing academic training at a state or state-recognised university in Germany or a non-university research institute, which is being carried out in agreement with a supervisor in Germany • Self-organised internship in a company or a non-university institution in the field of GH2 in Germany • 1 – 18 months for research fellowships • 2 – 3 months for internships
Support provided	• Fellowship instalment • Health, accident, and personal liability insurance • Lump sum for international travel costs • For a funding period of more than 6 months: one-off study allowance • Under certain circumstances, additional benefits after the start of funding
Details	https://www2.daad.de/deutschland/stipendium/datenbank/en/21148-scholarship-database/?detail=57685693

4.2 BAYHOST

One-year scholarship program sponsored by the Free State of Bavaria for graduates of Central, Eastern, and Southeastern European states – Individual applicant	
For Whom	• PhD students
Purpose & conditions	• PhDs or 1-year research stays (as part of the PhD in the home country) at a state or state-funded higher education institution in Bavaria • Citizenship of one of the following countries: Bulgaria, Croatia, Czechia, Hungary, Poland, Romania, Russia, Serbia, Slovakia, Ukraine • Unfinished, 35 years of age at the time of the first scholarship award • German and/or English language skills (usually C1) • One-year research stay as part of a doctorate in the home country (scholarship period is generally limited to 1 year)
Support provided	• Scholarship • Family allowance
Details	https://www.uni-regensburg.de/assets/bayhost/de/stip-incoming/Ausschreibung/BAYHOST-BTHA_JStip_Ausschreibung_EA_2026-27_EN.pdf

4.3 Humboldt Foundation

Humboldt Research Fellowship – Individual applicant	
For Whom	• Postdoctoral researchers, experienced researchers
Purpose & conditions	• All citizenship (excluding Germany) • Postdocs 6–24-month research stay in Germany • Experienced researchers with a 6–18-month research stay in Germany
Support provided	• Fellowship • Family benefits • Private full health insurance • Allowances for travel expenses
Details	https://www.humboldt-foundation.de/en/apply/sponsorship-programmes/humboldt-research-fellowship

4.4 Deutsche Bundesstiftung Umwelt

CEE Fellowship – Individual applicant	
For Whom	• PhD students from Poland
Purpose & conditions	• In the field of environmental protection and nature conservation in Germany • 6–12-month research stay in Germany
Support provided	• Scholarship
Details	https://www.dbu.de/en/promotion/moe-fellowship/poland/

5. Slovakia

5.1 Government of the Slovak Republic

National Scholarship Programme of the Slovak Republic – Individual applicant	
For Whom	• PhD students, researchers
Purpose & conditions	• Study and research mobility • PhD students 1 – 10 months • Researchers 1 – 10 months • Citizens of any country in the world (except the citizens of Slovakia)
Support provided	• Scholarship • Travel allowances
Details	https://www.scholarships.sk/en/main/o-programe

6. Great Britain

6.1 Royal Society

Newton International Fellowships – Individual applicant	
For Whom	• Early career researchers, with no more than 7 years of active full-time postdoctoral experience at the time of application
Purpose & conditions	• Not hold UK citizenship • Conduct their research in the UK • Up 2 years
Support provided	• Salary • Research expenses • Relocation and visa costs for the researcher and family • Estate costs • Indirect costs
Details	https://royalsociety.org/grants/newton-international/

6.2 British Academy

International Fellowships – Individual applicant	
For Whom	• Early career researchers, with no more than 7 years of active full-time postdoctoral experience at the time of application • Applicants in the final stages of their PhD will be accepted provided that the PhD will be completed (including the full doctoral examination process) before the start date of the Fellowship
Purpose & conditions	• Working outside the UK • Not hold UK citizenship • Up 2 years
Support provided	• Salary at the level of 80% of full-time employment • Research expenses • Relocation costs
Details	https://www.thebritishacademy.ac.uk/funding/schemes/international-fellowships/

Visiting Fellowships – Individual applicant	
For Whom	• Postdoctoral level researcher or above, or have equivalent research experience at the time of application
Purpose & conditions	• Working outside the UK • Based outside of the UK at the time of application • 3 – 6 months
Support provided	• Fellowship
Details	https://www.thebritishacademy.ac.uk/funding/schemes/visiting-fellowships/

7. Switzerland

7.1 State Secretariat for Education, Research and Innovation

Swiss Government Excellence Scholarships – Individual applicant	
For Whom	• PhD students, researchers
Purpose & conditions	• PhD scholarship – 12-36 months • Postdoc scholarship – up to 12 months • Research fellowship – up to 12 months • An academic supervisor at a Swiss university is required (letter of support) • Priority will be given to individuals who have not previously studied or conducted research in Switzerland
Support provided	• Scholarship
Details	https://www.sbfi.admin.ch/en/faq-swiss-government-excellence-scholarships

7.2 ETH Zurich

NOMIS–ETH Fellowship Programme – Individual applicant	
For Whom	• Early-career researchers within 3 years of obtaining a PhD
Purpose & conditions	• Independent, interdisciplinary research on the origin and prevalence of life • Applications must be submitted jointly by the candidate and 1-2 ETH Zurich professors, who are Centre for Origin and Prevalence of Life members and willing to serve as hosts • Up to 3 years • An academic supervisor at a Swiss university is required (letter of support) • Priority will be given to individuals who have not previously studied or conducted research in Switzerland
Support provided	• 100% salary according to ETH standards • Support for research activities and international mobility
Details	https://copl.ethz.ch/opportunities/nomis-eth-fellowships.html

7.3 Collegium Helveticum

Early-Career Fellowships – Individual applicant	
For Whom	• Early career researchers, who do not have a permanent academic position but have a proven track record, who obtained a PhD no longer than 8 years before the start of the fellowship
Purpose & conditions	• Support from a faculty member at 1 of 3 supporting universities, ETH Zurich, the University of Zurich, and the Zurich University of the Arts • 10 months in Zurich
Support provided	• Fellowship • Family allowance • Access to the university's sport and activity programs
Details	https://collegium.ethz.ch/fellowships/early-career-fellowship

8. France

8.1 French Ministry for Europe and Foreign Affairs

The Eiffel Excellence Scholarship – Institutional applicant	
For Whom	• PhD students up to 35 years old
Purpose & conditions	• Research scholarship of 12, 18, or 36 months
Support provided	• Living allowance • Travel and transportation expenses
Details	https://www.campusfrance.org/en/france-excellence-eiffel-scholarship-program

8.2 SSHN

France Excellence Scholarship: research stay – Individual applicant	
For Whom	• PhD students, researchers
Purpose & conditions	• 2 weeks - 3 months research fellowship
Support provided	• Scholarship
Details	https://www.pologne.campusfrance.org/pl/france-excellence-krotki-pobyt-sshn

9. Spain/Portugal

9.1 "la Caixa" Fundación

Postdoctoral Junior Leader fellowships – Individual applicant	
For Whom	• Researchers who obtained a PhD between 2 and 7 years before the deadline of the call for applications
Purpose & conditions	• Portuguese centres accredited as excellent by the Fundação de Ciência e Tecnologia • Spanish centres accredited as excellent by the Severo Ochoa, María de Maeztu, or Carlos III Health Institute scientific centres' seals of excellence • Candidates must not have resided or have carried out their main activity (work, studies, etc.) in Spain/Portugal for more than 12 months in the 3 years immediately preceding the closing date of the call • Up to 3 years
Support provided	• Salary • Annual research project costs • Annual family allowance • Mobility allowance
Details	https://lacaixafoundation.org/en/postdoctoral-junior-leader-fellowships

10. USA

10.1 Polish-American Fulbright Commission

Fulbright Junior Research Award – Individual applicant	
For Whom	• PhD students
Purpose & conditions	• Polish citizens who do not hold dual Polish and American citizenship or a U.S. permanent resident card (Green Card) • Not residing in the USA at the time of submitting the scholarship application, and their total stay in the U.S. during the 6 years preceding the application is less than 5 years • Preference is given to applicants who have spent less than 9 months in the U.S. during the past 5 years • 4-10 months • Fulbright Research Award at Stanford University School of Medicine - 8-12 months
Support provided	• Scholarship • Lump sum to cover the scholar's and their family's travel expenses • One-time allowance for relocation • Monthly allowance to cover expenses related to the research project • University health insurance • Family allowance
Details	https://fulbright.edu.pl/junior-award

Fulbright Senior Award – Individual applicant	
For Whom	• Researchers
Purpose & conditions	• Polish citizens who do not hold dual Polish and American citizenship or a U.S. permanent resident card (Green Card) • Not residing in the U.S. at the time of submitting the scholarship application, and their total stay in the U.S. during the 6 years preceding the application is less than 5 years • Preference is given to applicants who have spent less than 9 months in the U.S. during the past 5 years • Study or Research visit • 3 – 10 months
Support provided	• Scholarship • Lump sum to cover the scholar's and their family's travel expenses • One-time allowance for relocation • Monthly allowance to cover expenses related to the research project • University health insurance • Family allowance
Details	https://fulbright.edu.pl/senior-award/

Fulbright STEM Impact Award – Individual applicant	
For Whom	• Researchers who have at least 3 years of experience in managing research projects and supervising the work of other researchers
Purpose & conditions	• Polish citizens who do not hold dual Polish and American citizenship or a U.S. permanent resident card (Green Card) • Not residing in the U.S. at the time of submitting the scholarship application, and their total stay in the U.S. during the 6 years preceding the application is less than 5 years • Preference is given to applicants who have spent less than 9 months in the U.S. during the past 5 years • Study/Research visit to expand knowledge in the field of science commercialisation and effective grant proposal writing at institutions located in the U.S. • 2 – 6 weeks
Support provided	• Scholarship • Lump sum to cover scholar's travel expenses
Details	https://fulbright.edu.pl/stem-impact/

10.2 Kościuszko Foundation

Exchange Program to the US – Individual applicant	
For Whom	• PhD students, researchers
Purpose & conditions	• Polish citizens and “Karta Polaka” holders permanently residing in Poland • Dual citizens (U.S. and Poland), as well as individuals holding the U.S. permanent residency status (Green Card), are not eligible • All participants must wait three full programme cycles before they can apply again for any KF grant or fellowship • 3 – 6 months • Conduct field or archival research, visit a lab
Support provided	• Living/accommodation costs
Details	https://thekf.org/scholarship/exchange-program-to-the-us-grants-and-fellowships/

10.3 National Academies of Sciences, Engineering, and Medicine's Fellowships Office

NRC Research Associateship Programs – Individual applicant	
For Whom	• Researchers
Purpose & conditions	• Postdoctoral Associateships: Applicants must have held the doctorate for less than 5 years as of the application deadline • Senior Associateships: Applicants are required to either have held a doctorate for at least 5 years by the application deadline or to have a permanent appointment • Up 2 years
Support provided	• Scholarship • Health insurance • Relocation Assistance • Travel Allowance
Details	https://www.nationalacademies.org/our-work/rap/nrc-research-associateship-programs

10.4 American Physical Society

APS International Research Travel Award Program – Individual applicant	
For Whom	• Researchers
Purpose & conditions	• International research collaborations between physicists • Up to two reimbursements for travel and lodging expenses while visiting a collaborator abroad • Both co-applicants must have a doctoral degree in physics • 1 co-applicant must be a FIP member • 1 co-applicant must be from a developing country • Travel grant must be used within 2 years of award notification
Support provided	• Travel and lodging expenses
Details	https://www.aps.org/funding-recognition/grant/international-research-travel-award

11. Japan

11.1 Japan Society for the Promotion of Science

JSPS International Fellowships for Research in Japan Short-term – Institutional applicant	
For Whom	• PhD students, other researchers
Purpose & conditions	• Opportunities to conduct collaborative research under the guidance of their hosts in universities and other Japanese institutions • 1 to 12 months • Doctoral degree at a university outside Japan within 6 years of the date of the fellowship • Currently enrolled in a doctoral course at a university outside Japan, and scheduled to receive a PhD within 2 years from the time that their research starts in Japan • Having resident cards with mailing addresses in Japan at the application deadline set by JSPS is not eligible
Support provided	• A round-trip air ticket • Maintenance Allowance • Settling-in allowance • Overseas travel insurance
Details	https://www.jsps.go.jp/english/e-fellow/e-oubei-s/index.html

Postdoctoral Fellowships for Research in Japan Standard – Institutional applicant	
For Whom	• Researchers
Purpose & conditions	• Opportunity to conduct collaborative research for young overseas researchers under the guidance of their hosts in universities and other research institutions in Japan • 12 – 24 months • Doctoral degree within 6 years of the date of the fellowship • Japanese citizens and foreigners who are permitted permanent residence in Japan are not eligible
Support provided	• A round-trip air ticket • Maintenance Allowance • Settling-in allowance • Overseas travel insurance • Grant-in-Aid for Scientific Research
Details	https://www.jsps.go.jp/english/e-fellow/e-oubei-s/index.html

Invitational Fellowships for Research in Japan (long term) – Institutional applicant	
For Whom	• Researchers
Purpose & conditions	• Opportunity to conduct collaborative research, discussions, and opinion exchanges with researchers in Japan • 2 – 10 months • Be a full-time researcher or a person with full-time researcher status at a university or research institution in a foreign country and have a position equivalent to a professor, associate professor, or assistant professor in Japan (i.e., professor emeritus or visiting scientist) • Researchers of other status may apply if it has been 6 years or longer since they obtained their doctoral degree, and the host research institution judges them to have continuously conducted research at a foreign university or research institution.
Support provided	• A round-trip air ticket • Maintenance Allowance • Overseas travel insurance • Research support allowance
Details	https://www.jsps.go.jp/english/e-inv/how.html#u20230508190619

Invitational Fellowships for Research in Japan (short term) – Institutional applicant	
For Whom	• Researchers
Purpose & conditions	• Opportunities for overseas researchers with excellent records of research achievements to visit Japan for short-term discussions, opinion exchanges, lectures, and other activities • 14 – 60 days • Be a full-time researcher or person with full-time researcher status at a university or research institution in a foreign country and have a position equivalent to a professor, associate professor, or assistant professor in Japan (i.e., professor emeritus or visiting scientist) • Researchers of other status may apply if it has been 6 years or longer since they obtained their doctoral degree, and the host research institution judges them to have continuously conducted research at a foreign university or research institution.
Support provided	• A round-trip air ticket • Maintenance Allowance • Overseas travel insurance • Research support allowance
Details	https://www.jsps.go.jp/english/e-inv/how.html#u20230508190619

12. China

12.1 Research Fund for International Scientists

Research Fund for International Scientists – Individual applicant	
For Whom	• Researchers
Purpose & conditions	• The Research Fund for International Young Scientists – PhD obtained within the past 6 years • The Research Fund for International Excellent Young Scientists – PhD obtained within the past 15 years • The Research Fund for International Senior Scientists - Senior academic title, Associate Professor or Higher level or equivalent qualification • 12 or 24 months – commitment to work for no less than 9 months each calendar year at the host institution during the project implementation period; • The host institution must be based in China's mainland and registered at NSFC
Support provided	• Direct cost at a specified amount per year of stay
Details	https://www.nsfc.gov.cn/english/site_1/international/D5/2025/01-17/388.html

12.2 The Chinese Academy of Sciences

CAS President's International Fellowship Initiative (PIFI) – Individual applicant	
For Whom	• Researchers
Purpose & conditions	• To support highly-qualified international scientists and postgraduate students to work and study at CAS institutions and strengthen their scientific collaboration with CAS researchers PIFI for Distinguished Scientists: • Well-established and internationally recognised scientists in their respective research fields, having obtained outstanding scientific accomplishments and prestigious international honours, awards, or prizes • Leading international scientists to conduct a lecture tour at CAS for 1-2 weeks; to visit at least two CAS-affiliated institutions (research institutes or universities) to lecture and interact with CAS researchers and postgraduate students; • They are also expected to host CAS postdoctoral researchers at CAS's expense at their lab for a research stay of 1-3 months PIFI for Visiting Scientists: • Academic title of at least assistant professor or equivalent • 5 years' work experience in a well-known university, research institution or multinational corporation • A collaborative research proposal prepared in cooperation with the CAS host institution for 1-12 months PIFI for Postdoctoral Researchers: • Holds a PhD and is under the age of 40 • Have a recommendation from a CAS host researcher and present a collaborative research proposal prepared in cooperation with the CAS host institution for 1-2 years
Support provided	• Scholarship
Details	http://english.scbg.cas.cn/ic/itp/

13. the Netherlands

13.1 Dutch Research Council

Talent Scheme Veni-Vidi-Vici – Individual applicant	
For Whom	• Researchers
Purpose & conditions	• Veni - for researchers who have recently obtained their PhD, stay duration up to 3 years • Vidi - for researchers who have gained several years of research experience, stay duration up to 5 years • Vici - for senior researchers, stay duration up to 5 years
Support provided	• Direct cost at a specified amount per year of stay
Details	https://www.nwo.nl/en/researchprogrammes/nwo-talent-programme

14. Belgium

14.1 Research Foundation Flanders

Grant for a scientific stay in Flanders – Individual applicant	
For Whom	• Researchers
Purpose & conditions	• Travel grant supports postdoctoral researchers, affiliated to a non-Belgian research institution, during their scientific stay in Flanders • 1 – 3 months • Upon the official and specific invitation of a researcher (research group) in Flanders, that is the host researcher
Support provided	• Travel costs • Fixed daily allowance
Details	fwo.be/en/support-programmes/all-calls/mobility/grant-for-a-scientific-stay-in-flanders/#ad804727b-8a2e-4072-9a7e-dcccd61a9468